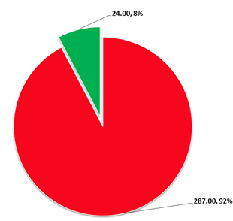
(SCHOOL) Backpack Awareness (YR): How’d We Do?

Volunteers weighed the backpacks of over half of our student population (311 packs) on 9/21/16

Average Backpack Weight: **14.6 lbs**

Good News: This is **1.5 lbs** lighter than last year!!

Bad News: they are still **TOO heavy**. **92%** of our students are **NOT** in the ‘safe zone,’ which is having a backpack that is *less than* 10-15% of your overall bodyweight (per AOTA & APTA guidelines).



Please visit: (YOUR URL) to learn more about the steps the PTSA Backpack Committee, (SCHOOL) staff, LWSD and students are all doing to address this important issue.